



BREAKFAST MENU

SERVED BETWEEN 7AM AND 11:30 AM

All breakfasts are served with your choice of White, Brown or Rye Bread

GOLFERS BREAKFAST - R65

2 Fried Eggs, 2 Rashers of Bacon, Fried Tomato & Mushrooms

BREAKFAST WRAP - R85

Scrambled Eggs, Bacon, Assorted Peppers & Onions

EAGLE BREAKFAST - R95

2 Poached Eggs, Smoked Trout on an open Health Bun, drizzled with Hollandaise Sauce

THE MULLIGAN - R90

3 Egg Omelette, with your choice of 3 fillings:
Mince / Bacon / Cheese / Onions / Tomato / Peppers / Chillies / Smoked Trout / Avo(SQ) / Feta

BIRDIE BREAKFAST - R85

1 Slice of Toast with Savoury Mince, 2 Fried Eggs and Grated Cheese accompanied by Fresh Chillies

FRENCH TOAST - R70

2 Slices of French Toast with Cheese and Bacon drizzled in syrup

IN THE ROUGH(V) - R70

Muesli, Yoghurt, Fresh Fruit & Honey



HIGHLAND GATE
GOLF AND TROUT ESTATE

LIGHT LUNCH MENU

SERVED BETWEEN 12PM AND 5PM

TOASTED SANDWICHES

ON YOUR CHOICE OF WHITE,
BROWN OR RYE BREAD

Cheese & Tomato - R40

Ham, Cheese & Tomato - R50

Bacon & Egg - R55

Bacon, Egg and Cheese - R65

Chicken Mayo - R65

Scrambled Egg & Smoked Trout - R75

ALL SANDWICHES ARE
SERVED WITH A PORTION OF CHIPS

CLUB SANDWICH - R90

A Filling of Bacon, Cheese, Egg,
Tomato, Peppers and Chicken Mayo

TROUT SALAD - R90

Smoked Trout, Lettuce, Baby
Potatoes, Boiled Egg, Peppers,
Rocket, Tomatoes & Onions

CHEFS SALAD - R90

Feta, Chicken, Bacon, Cocktail
Tomatoes, Cucumber, Spring Onion,
Croutons & Lettuce

TROUT QUICHE - R80

A fresh Pastry crust filled with Trout
Meat, Spinach, Butternut & a Creamy
Sauce served with a Side Salad &
Potato Wedges

BEEF LASAGNE - R95

Homemade Beef Lasagne served with
a Side Salad

CHICKEN SCHNITZEL - R95

Served with Chips or Salad

*Add your choice of Cheese,
Mushroom or Pepper Sauce (extra R15)

CATCH OF THE DAY - R120

Pan fried Fish Fillet in a Garlic
Lemony Sauce, served with wilted
Spinach and Focaccia

WRAPS - R80

ALL WRAPS SERVED WITH CHIPS
OR A SIDE SALAD

Chicken Mayo & Cheese

Spicy Beef & Coleslaw

Smoked Trout & Cream Cheese

Vegetarian Wrap (V)

Sweet Chilli Chicken & Pineapple

THE FLYCATCHER CHICKEN BURGER - R120

2 Chicken Fillets flame grilled on a bed
of greens, white Cheddar Cheese & Coleslaw
served with Chips & Onion Rings

THE FLYCATCHER BEEF BURGER - R120

200g Beef Patty flame grilled on a bed
of greens, white Cheddar Cheese &
Caramelized Onion served with
Chips & Onion Rings

500G GRILLED T-BONE - R180

Served with a Pepper Sauce, Chips or
a Side Salad

STEAK, EGG & CHIPS - R120

200g Sirloin served with an Egg & your
choice of Chips or Salad

MEATY PLATTER - R250

200g Beef Strips, 500g Ribs, Buffalo
Wings, Meatballs, Cocktail Sausages &
Chips served with a Sweet Chilli Sauce

PLOUGHMAN'S PLATTER - R200

A selection of Cold Meats, Smoked Trout,
Marinated Olives, Gherkins, Cheeses,
Breadsticks, Biscuits, Boiled Egg & Preserves

CAKE OF THE DAY

Enjoy a selection of our
Homemade Cakes

Please ask your waitron for
Cakes Available

- R40 PER SLICE -

PIZZA

- BUY 4 & GET 1 FREE (FRIDAYS ONLY)

PLAIN FOCACCIA - R50

Olive oil, Garlic & Italian Herbs

CHEESY FOCACCIA - R60

Olive oil, Garlic, Italian Herbs & Mozzarella Cheese

MARGHERITA - R80

Tomato base with Mozzarella Cheese & Oregano

VEGETARIAN - R110

Mushrooms, Assorted Peppers, Sundried Tomatoes, Olives & Garlic

HAWAIIAN - R105

Ham & Pineapple

CHICKEN MAYO - R130

Chicken & Mayonnaise

REGINA - R110

Ham & Mushrooms

MEXICANA - R125

Bolognaise Mince, Onion, Green Peppers & Chillies (optional)

TROPICAL - R125

Bacon, Feta & Avo (SQ)





DINNER MENU

SERVED BETWEEN 6PM & 9PM - FRIDAY'S & SATURDAY'S

STARTERS

CREAMY BUTTERNUT SOUP
OR SPLIT PEA & HAM SOUP - R50

Served with freshly Baked Bread
(Enjoy a full portion of one OR a half portion of each)

PERI-PERI CHICKEN LIVERS - R60

Served with freshly Baked Bread
(Mild or Hot) Options

TROUT FISH CAKES - R65

2 Homemade Fishcakes served with a Garden Salad & Lemon



HIGHLAND GATE
GOLF AND TROUT ESTATE

MAINS

FRESH WHOLE TROUT - R160

Pan fried whole Trout served with Basmati Rice & Seasonal Vegetables or Salad

VEGETARIAN PASTA - R95

Fettuccini Pasta, pan fried in a Creamy Pesto Sauce with Mushroom, Feta & Sundried Tomatoes

CHICKEN ROULADE - R110

Pan fried Chicken Breast, wrapped in Bacon, stuffed with Spinach & Feta served with Mediterranean Couscous and a Honey Mustard Sauce

BABY CHICKEN - R200

Whole Baby Chicken served either with Lemon & Herb or Peri-Peri accompanied by Creamy Feta Mash and seasonal Vegetables "allow for extra cooking time"

LAMB SHANK - R210

Slow Braised Lamb Shank served with Creamy Feta Mashed Potatoes and seasonal Vegetables

MOROCCAN BEEF CURRY - R170

Served with Basmati Rice, Poppadom & Sambals, Chutney & Coconut

200G BEEF FILLET - R160

Served with Basmati Rice or Creamy Feta Mashed Potatoes and Seasonal Vegetables, accompanied with a sauce of your choice (Pepper or Mushroom)

"We don't serve fast food, we serve good food"

DESSERT

CHOCOLATE BROWNIE - R50

Served warm with Vanilla Ice Cream

VANILLA ICE CREAM - R40

Served with Chocolate Sauce

TIPSY TART - R50

Served with Vanilla Ice Cream



ALCOHOLIC BEVERAGES

COCKTAILS

CLASSIC MARTINI - R70

Vodka / Gin / Vermouth

COSMO - R60

Vodka / Triple Sec / Lime / Cranberry Juice

MOJITO - R60

White Rum / Lime / Sugar Syrup / Mint & Soda

SHAKEN MARGARITA - R55

Tequila / Triple Sec / Lime

LONG ISLAND ICED TEA - R95

Vodka / Rum / Gin / Tequila / Triple Sec / Sweet & Sour Mix & Coke

JACKY STEEL - R85

Classic Steelworks & Jack Daniels





ALCOHOLIC MILKSHAKES

COOKIE CRUSHER - R80

Peppermint Liq / White Chocolate Liq / Nachtmusik
/ Romany Creams / Ice Cream

BROWN BEAR - R65

Amarula / Nachtmusik / Southern Comfort / Ice Cream

PEPPERMINT PANDORA - R65

Amarula / Peppermint Liq / Kahlua / Ice Cream

DEATH BITE CHOCOLATE - R75

Vodka / Nachtmusik / White Chocolate Liq / Ice Cream

DOM PEDRO - R60



Double Pogues Whiskey / Amarula / Kahlua

HOT BEVERAGES

HOT CHOCOLATE & RUM - R50

IRISH COFFEE - R50

KAHLUA COFFEE - R50

KIDDIES MENU

KIDDES BEEF BURGER - R65

200g Beef Patty, Slice of Sheese served with Chips

CHICKEN STRIPS - R60

Chicken Strips & Chips served with a Cheese sauce

SPAGHETTI BOLOGNAISE - R65

Fettuccini Pasta topped with Mince & Cheese

KIDDIES PIZZA - R60

Ham & Cheese

KIDDIES MILKSHAKE - R30

Vanilla, Bubblegum, Banana,
Strawberry, Chocolate, Lime

ICE CREAM - R40

Served with Chocolate Sauce

